

A Letter to Your Future Self

Summary: Write a letter to yourself that you plan to open in 5 years.

Age Group: Full Family Activity

Materials: paper and pencil, or computer and printer

Instructions:

It is important for each of us to set goals for ourselves. Where do you see yourself 5 years from now? Each person in the family can write a letter to your future self. In your letter you should start by writing about what you like to do and where you go to work or school. Then, write about some of your goals and where you see yourself in 5 years. After you finish your letter, place it in an envelope and keep it safe. Write today's date and the date it will be five years from now.

Who you are today:

- What are your favorite books or TV shows?
- Where do you go to school?
- Where do you work?
- How do you like to spend your weekends?

Who you want to be in five years:

- What career goal would you like to have accomplished in the next five years?
- What financial goal would you like to have accomplished in the next five years?
- What will you be studying five years from now?
- What type of business would you like to start in the next five years?
- What is a personal goal you would like to achieve?
- Where is one place you would like to have travelled?

Extension: Are you worried about finding your letter five years from now? Try writing it out and sending it as a scheduled email. Most email services offer a way to send messages at a future time and date. You can write out your letter and have it be sent to your own email address in five years. Make sure to use a personal email and not one associated with work or school.

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