



Start a Restaurant

Summary: Help your child go through the steps of starting a restaurant

Age Group: Grades 3rd through 5th

Materials: A piece of notebook paper, ingredients for a snack or meal

Instructions:

Talk to your child about restaurants. What is their favorite restaurant?
Why?

1. If they could start a restaurant or food stand, what kind of food could **they make** to serve?
 - a. Brainstorm some ideas of food they can make. It could be anything from a sandwich or store-bought cookie to a dinner for the family
 - b. They need to use ingredients found at home or make a list for the grocery store.
 - c. Write down a full list of ingredients.
 - d. Find prices of the ingredients on the internet or a grocery receipt.
 - e. Total the cost of all ingredients.
2. The child is the chef and will make the recipe for the family
 - a. Have them keep track of how long it takes to make the recipe for labor costs.
 - b. Multiply their hours by \$10 per hour to show them how much it costs to make the food.
 - c. If other family members help cook, include those hours as well.

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3. Add the cost of the ingredients to the cost of labor. That gives them a minimum amount to charge.
4. Have them set a price and subtract the cost to determine their profit per item.
5. Have them think of a good name for the restaurant
 - a. Their restaurant name should be unique and not one that already exists.
 - b. They can create a logo and/or draw a picture of the restaurant

Extension: Your child can reach out to friends and family to see if they would be interested in buying the food item for the price they set. If not, ask buyers how much they would pay. Your child may want to reduce the price if necessary. Then they can come up with ways to advertise their restaurant. Who would their customers be and how best to reach them? If family members want to join, they can hire family members for roles such as accountant, marketer, server and chef. Talk about all the jobs and brainstorm ideas to make the restaurant successful. If the activity is very successful you may have a built-in daily chef for the remainder of the shelter in place.



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