



Time is Money

Summary: Have your child complete a schedule for their daily routine and compare activities to earning and spending

Age Group: Full Family Activity

Materials: A piece of notebook paper

Instructions:

Creating a daily schedule is a lot like making a financial budget. You have to be sure to balance the time that you spend on different activities and spend your time wisely.

1. Talk to your children about different daily activities that are healthy, productive, or family or learning oriented. These could include reading, playing outside, and working on schoolwork. Count each hour of these activities as earning \$1.
2. Talk to your children about other activities that are fun or entertaining oriented like watch movies or playing video games. Count each hour of these activities as spending \$1.
3. Any other activities like sleeping and eating could be considered even and the children will not earn or spend any money.
4. Create a schedule to try to balance the amount of time spent earning and spending. The goal would be to create a schedule that allows a balance of all activities.
5. Try it out! See if you can stick to the schedule you create over the next five days.

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