

Helping Others

Summary: Learn about charities and organizations that help those in need.

Age Group: Full Family Activity

Materials: Pencil and paper

Instructions:

Charity is that act of giving help to those in need. Charities are also called nonprofit organizations and provide goods and services to help people with their needs. Junior Achievement is an example of a charity and nonprofit organization. Junior Achievement works to educate students about finances, jobs and entrepreneurship.

What other charities can you name? As a family try to brainstorm as many charities and nonprofit organizations that you can. Then talk as a family and see what causes each member is most passionate about. Do you like to help animals, elderly, children, or environment? Do not forget that during the COVID pandemic, many people need have lost their jobs or their homes and are needing help too. Make a list of groups that you would like to help. As a family, vote on which you feel is most important to you right now.

Think about ways to help. Do you have money you can donate to a charity? What are other ways that you could help? Some examples could be sending homemade cards to elderly or children in hospitals, making mats for the homeless from plastic bags, collecting food for the underprivileged. Decide what to do and make a difference.

Extension: If you have trouble thinking of ideas, go to the internet. Type in volunteer opportunities in the Kansas City area. You will be surprised how many things that you will find. Websites like VolunteerMatch often have many opportunities for different groups. Look at different opportunities and ways that you can get involved. It feels good to do things for others.

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